

# PRESENT YOUR ABSTRACT AT THE IMS CONGRESS IN MELBOURNE



This congress promises to be an unparalleled gathering of experts and innovators in the field of menopause, providing a platform for the exchange of research, ideas, and best practices. We invite you to contribute to this exchange of knowledge by submitting your abstracts across a wide range of topics relevant to menopause research and management. **Join us in shaping the future of menopause care and discovery!**

## MAIN TOPICS FOR ABSTRACTS:

- GENERAL MENOPAUSE
- PREMATURE OVARIAN INSUFFICIENCY
- VULVOVAGINAL ATROPHY/ GENITOURINARY SYNDROME OF MENOPAUSE
- HORMONES AND HORMONE ACTION
- HORMONES AND METABOLISM
- SEXUAL FUNCTION
- MENOPAUSE AND CARDIOVASCULAR SYSTEM
- MENOPAUSE AND THE BRAIN
- MOOD AND MENTAL DISORDERS
- MUSCULOSKELETAL HEALTH
- BREAST HEALTH
- GYNECOLOGY
- OTHER ONCOLOGY
- OTHER HEALTH ISSUES

June 24 2024

DEADLINE FOR ORAL PRESENTATIONS

August 20 2024

DEADLINE FOR POSTERS



## DON'T MISS! PRE-CONGRESS COURSE

FRIDAY OCT 18 13:30-18:00

### REFRESH YOUR KNOWLEDGE

Our Precongress course is for all health professionals wanting to develop or refresh their knowledge of the basic physiology of the menopause, the health consequence of the menopause and when and how to use the available treatment options. It has been specifically designed to be globally applicable and clinically practical for specialists and non specialists alike.

### LIMITED SEATS

The Pre-Congress Course is not included in the Congress registration: we encourage you to book your spot early to secure your participation. Remember, you must be registered for the Congress to sign up for this course.

### MENOPAUSE ESSENTIALS UPDATE

**Jane Elliott** Menopause consultation: a structured approach

**Susan Davis** Prescribing MHT: practical and evidence-based approach to treatment

**Premitha Damodaran** Non-hormonal options for managing troublesome symptoms of menopause

**Stella Milsom** Case studies: a discussion of complex cases and referral pathways in primary care

**Panel Discussion**

- THE STATE OF THE ART IN MENOPAUSE
- DISCUSS WITH WORLD-KNOWN PANELISTS
- PRESENT YOUR RESEARCH IN AN ORAL COMMUNICATION



## REGISTER NOW

### REGISTRATION INCLUDES:



**ACCESS TO THE CONFERENCE**  
From October 19 to 22



**RECORDINGS**  
The recorded version of all sessions will be available after the end of the congress.



**CME**  
A request will be made for Australian and New Zealand CME credits

	Low fee Until Mar 26, 2024	Regular fee Until Sep 23, 2024	Late fee
Delegate	AUD 1050	AUD 1350	AUD 1450
IMS or AMS Member	AUD 900	AUD 1150	AUD 1300
Low/Lower Middle/Upper-Middle Income Countries	AUD 800	AUD 1000	AUD 1000
Allied Health Professionals, Trainees, Nurses, Technicians, Medical Students	AUD 500	AUD 500	AUD 1000
Presenter of accepted abstract	AUD 500	AUD 500	-
Daily registration	AUD 450	AUD 450	AUD 450
<b>Extras</b>			
Precongress course			AUD 150



IMSMELBOURNE2024.COM

### IMS EXECUTIVE COMMITTEE 2022-2024

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### ORGANIZING SECRETARIAT

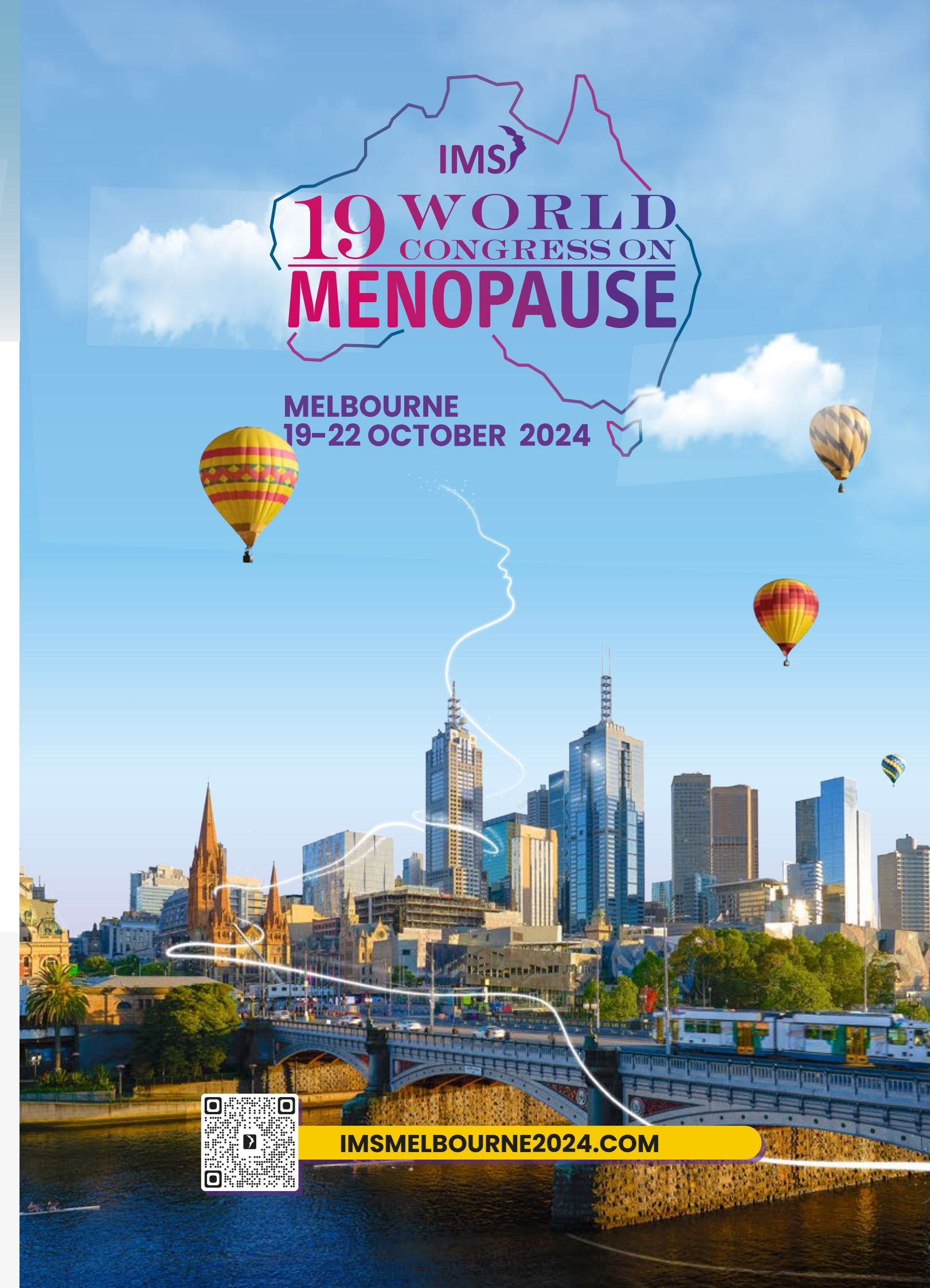


WWW.BTCONGRESS.COM

### DESTINATION SPONSOR



@IntMenopause International Menopause Society



# IMS 19th World Congress on Menopause

MELBOURNE  
19-22 OCTOBER 2024



IMSMELBOURNE2024.COM

**FRI OCT 18TH**

**PRE-CONGRESS COURSE**

Menopause essentials update

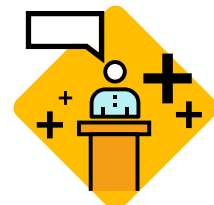
13:30–18:00

	PLENARY ROOM 3	ROOM 203+204	ROOM 210+220	ROOM 207
08:30–09:00	WELCOMES			
09:05–09:35	PLENARY LECTURE			
09:40–11:10	SYMPOSIUM	SYMPOSIUM	CAMS	CAMS
11:10–11:40	- BREAK IN THE EXHIBITION AREA -			
11:40–13:10	LUNCH SYMPOSIUM			
13:10–13:50	LUNCH BREAK			
13:50–14:20	PLENARY LECTURE			
14:30–15:30	SYMPOSIUM	SYMPOSIUM	SYMPOSIUM	SYMPOSIUM
15:30–16:00	- COFFEE BREAK IN THE EXHIBITION AREA -			
16:00–17:00	WELCOME TO COUNTRY			
17:10–18:40	BEST OF GREENBLATT AWARD			
18:45–19:15	IMS AWARDS			
19:20–20:00	PIETER VAN KEEP LECTURE			
20:00–21:30	WELCOME RECEPTION			

	MELBOURNE 2	ROOM 203+204	ROOM 210	ROOM 211	ROOM 207	ROOM 208	ROOM 209
<b>SUNDAY, OCTOBER 20<sup>TH</sup></b>							
07:30–08:30			MEET THE EXPERT	MEET THE EXPERT	MEET THE EXPERT	MEET THE EXPERT	CAMS
08:40–09:10	PLENARY LECTURE						
09:25–09:55	PLENARY LECTURE						
10:00–11:30	SYMPOSIUM	SYMPOSIUM	SYMPOSIUM	SYMPOSIUM	ORAL COMM.	CAMS	CAMS
11:30–12:00	- BRAZILIAN COFFEE BREAK IN THE EXHIBITION AREA -						
12:00–13:00		SYMPOSIUM	SYMPOSIUM	DEBATE	ORAL COMM.	ORAL COMM.	CAMS
13:10–14:40	LUNCH SYMPOSIUM						
14:50–16:20		SYMPOSIUM	SYMPOSIUM	SYMPOSIUM	ORAL COMM.	CAMS	CAMS
16:20–16:50	- COFFEE BREAK IN THE EXHIBITION AREA -						
16:50–17:50		SYMPOSIUM	SYMPOSIUM	DEBATE	ORAL COMM.	CAMS	CAMS
18:00–19:00	MENOP. OLYMPICS						
19:00–20:30	POSTER SESSION WITH WINE AND CHEESE						

<b>MONDAY, OCTOBER 21<sup>TH</sup></b>							
07:30–08:30			MEET THE EXPERT	MEET THE EXPERT	MEET THE EXPERT	MEET THE EXPERT	CAMS
08:40–09:10	PLENARY LECTURE						
09:25–09:55	PLENARY LECTURE						
10:00–11:30		SYMPOSIUM	SYMPOSIUM	SYMPOSIUM	ORAL COMM.	CAMS	CAMS
11:30–12:00	- BRAZILIAN COFFEE BREAK IN THE EXHIBITION AREA -						
12:00–13:00		DEBATE	SYMPOSIUM	SYMPOSIUM	ORAL COMM.	ORAL COMM.	CAMS
13:10–14:40	LUNCH SYMPOSIUM						
14:50–16:20		SYMPOSIUM	SYMPOSIUM	SYMPOSIUM	ORAL COMM.	CAMS	CAMS
16:20–16:50	- COFFEE BREAK IN THE EXHIBITION AREA -						
16:50–17:20	PLENARY LECTURE						
17:25–18:25			IMS ASSEMBLY				

	ROOM 203+204	ROOM 210	ROOM 207
<b>TUESDAY, OCTOBER 22<sup>TH</sup></b>			
07:30–08:30	MEET THE EXPERT	MEET THE EXPERT	MEET THE EXPERT
08:40–09:10	PLENARY LECTURE		
09:25–09:55	PLENARY LECTURE		
09:55–10:25	- BRAZILIAN COFFEE BREAK IN THE EXHIBITION AREA -		
10:25–11:55	SYMPOSIUM	ORAL COMMUNICATION	CAMS
12:00–13:00	SYMPOSIUM	ORAL COMMUNICATION	CAMS
13:10–13:25	IMS AWARDS		



# PLENARY LECTURES

**Nick Panay** Pieter van Keep Oration: Premature Ovarian Insufficiency

**Gemma Figtree** Heart Matters: The Unique Landscape of CV Health in Women

**Rossella Nappi** Bringing Sex Back into the Relationship

**Eugene McCloskey** Long Term Strategies for Osteoporosis Care

**Susan Davis** Not Just Sex: Other Roles for Testosterone in Women

**Priya Sumithran** Medical Management of Obesity: Unlocking the Potential

**Karen Walker Bone** Menopause, Women and the Workplace

**Nanette Santoro** Understanding the Perimenopause Journey

**Angelica Lindén Hirschberg** Enhancing Quality of Life: Addressing Vulvovaginal Atrophy

**Jason Abbott** Laser for GSM: What We Know and What We Need to Know

# DEBATES

**SHOULD MHT BE FIRST LINE FOR TREATING PERIMENOPAUSAL DEPRESSION?**

**Pauline Maki**   
**Jayashri Kulkarni**

**SHOULD ESTROGEN ALWAYS BE DELIVERED TRANSDERMALLY?**

**Sonia Davison**   
**Steven R. Goldstein**

**MHT INITIATION SHOULD BE LIMITED TO WOMEN UNDER AGE 60 OR WITHIN 10 YEARS OF THEIR FMP**

**Susan Davis**   
**Mary Ann Lumsden**

# SYMPOSIA

## OSTEOPOROSIS: WHEN AND HOW

**Eugene McCloskey (UK)** Diagnosis and Intervention Thresholds  
**Bronwyn Stuckey (AU)** Pharmacological Treatment for Fracture Prevention: What is the Role of MHT?  
**Santiago Palacios (ES)** Anabolic Treatment Fracture Prevention: New Perspectives

## BONE CONUNDRUMS

**Tobie De Villiers (ZA)** Early Menopause; A Window of Opportunity for the Prevention of Bone Loss  
**Peter Ebeling (AU)** Let's Start at the Beginning: A Bone Friendly Lifestyle

**David Scott (AU)** Sarcopenia: Can We Make Progress Without a Universally Accepted Definition?

## PREMATURE OVARIAN INSUFFICIENCY

A Patient's Perspective  
**Elena Tucker (AU)** POI Genetics  
**Richard Anderson (UK)** New POI Guidelines: Epidemiology, Causes, Diagnosis, Fertility, Pregnancy  
**Amanda Vincent (AU)** New POI Guidelines: Long Term Implications

## Vulvovaginal Atrophy/Genitourinary Syndrome of Menopause

**Tim Hillard (UK)** Genitourinary Changes with Age  
**Sarah Lensen (AU)** What Should We Assess?  
**Nevine Te West (AU)** The Impact of the Lower Genital Tract Microbiome

## POSTMENOPAUSAL PELVIC FLOOR HEALTH

**Lynsey Hayward (NZ)** Midlife Bladder Problems: Initial Assessment and Management  
**Phil Toozs Hobson (UK)** Stress Urinary Incontinence: What Do We Do Now?  
**Tommaso Simoncini (IT)** What To Do with a Prolapse: Non-Surgical and Surgical Options

## PERIMENOPAUSE AND PMS

**Richard Anderson (UK)** Perimenopause: Making the Diagnosis  
**Paula Briggs (UK)** Perimenopausal Contraception  
**Steven R. Goldstein (US)** Management of Bleeding During the Perimenopause and Menopause

## OBESITY MANAGEMENT

**Irene Lambrinoudaki (GR)** It's Frustrating: Menopause Related Changes in Body Composition, Weight Gain & Diabetes  
**John Dixon (AU)** Weight Management: What Works and For Whom?  
**Priya Sumithran (AU)** GLP1 Analogues for Obesity in Menopausal Women

## CONTEMPORARY ISSUES IN MENOPAUSE

**Nick Panay (UK)** Evidence Based, Modern Management of PMS / PMDD  
**Ang Seng Bin (SG)** Artificial Intelligence (AI) and Midlife Women's Healthcare  
**Zachary Nash (UK)** Menopause Priority Setting Partnership (MAPS): The Top Ten

## CANCER

**Howard Carp (IL)** Realising The Promise of Cancer Predisposition Genes  
**Anna Fenton (NZ)** Menopause After Cancer: Managing The Whole Woman  
**Ludwig Kiesel (DE)** Advances in Management of Endometrial Cancer

## MENTAL HEALTH

**Pauline Maki (US)** Perimenopausal Cognitive Changes  
**Claudio Soares (CA)** Menopause and Depression: How to Manage?  
**Herman Depypere (BE)** MHT and Dementia: Is There a Link?

## NEW AND REVISITED THERAPIES

**Joann Pinkerton (US)** SERMS: When to Use?  
**Marla Shapiro (CA)** Non-Hormonal Treatments for Menopause  
**Ho Choon Moy (MY)** Menopause and Complementary Therapies: What the Science Says

## MENOPAUSE AND LIFESTYLE

**Robin Daly (AU)** Lifestyle Management of Menopause: What's Really Effective?  
**Kerri Melehan (AU)** Understanding sleep disorders around menopause  
**Martha Hickey (AU)** An empowerment model for managing menopause

## MENOPAUSAL COMPLEXITIES

**Haitham Hamoda (UK)** NICE, Menopause and MHT: A Clinician's Perspective  
**Janice Rymer (GB)** Menopause and endometriosis

## MENOPAUSE IN UNDER-SERVED POPULATIONS

**Xiangyan Ruan (CN)** Managing the World's Biggest Menopause Clinic  
**Nicole Jaff (ZA)** Menopause in Low Income Countries  
**Premitha Damodaran (MY)** Menopause in a Multi-ethnic Population: Challenges with Attitudes and Cultures

## MENOPAUSE IN SOUTHEAST ASIA

**Unnop Jaisamrarn (TH)** Menopause in Thailand  
**Fidel Ganis Siregar (ID)** Menopause in Indonesia  
**Maria Jesusa Banal-Silao (PH)** Menopause in Philippines  
**Ng Beng Kwang (MY)** Menopause in Malaysia

## MENOPAUSE IN LATIN AMERICA

**Nestor Siseles (AR)** Menopause in Argentina  
**Maria Celeste Osorio Wender (BR)** Menopause in Brazil  
**David Vasquez Awad (CO)** Menopause in Colombia  
**Sonia Cerdas (CR)** Menopause in Costa Rica

## PROGESTOGENS

**Alfred Mueck (DE)** Progestogens and Their Effects on Other Steroid Receptors  
**Antonio Cano (ES)** Progestogens: Which One, When, How Much, How Long?

## LATE BREAKING NEWS

**Sonia Davison (AU)** Sonia's Snippets

# MEET THE EXPERT

The Meet the Expert sessions feature an in-depth presentation by a renowned specialist, followed by an interactive Q&A. These sessions are designed to provide valuable insights, foster discussions, and enhance your understanding of cutting-edge topics. sessions will take place from 7:30am to 8:30am, a breakfast box will be available upon purchase.

**Steven R. Goldstein (US)**  
Bleeding on MHT: Imaging, medical and surgical approaches

**Robert Langer (US)**  
MHT and breast cancer: a close look at the evidence and strategies for safe practice

**Peter Chedraui (EC)**  
Optimizing cardiometabolic health in midlife women

**John Stevenson (GB)**  
MHT for primary prevention

**Wendy Wolfman (CA)**  
Practical management of POI

**Mary Ann Lumsden (GB)**  
Managing menopause after cancer

**Sylvia Rosevear (NZ)**  
MHT in complex patients: Assessing absolute risk and benefit

**Tim Hillard (GB) - James Pickar (US)**  
How to get your paper published

**Duru Shah (IN)**  
PCOS and the menopause transition

**Andrea Genazzani (IT)**  
Androgens other than testosterone

**Stella Milsom (NZ)**  
When the hot flush is not due to menopause

